



GARANTÍA LIMITADA POR DOS AÑOS

(Válida únicamente en los EE.UU.)

HoMedics, Inc., garantiza este producto contra defectos en material y mano de obra durante el período de dos años a partir de la fecha original de compra con las excepciones que se detallan a continuación.

Esta garantía de producto de HoMedics no cubre daños causados por un uso inadecuado, abuso, accidente, la conexión de accesorios no autorizados, la alteración del producto o cualquier otra condición sin importar cual sea que se encuentre fuera del control de HoMedics. Esta garantía es válida sólo si el producto es comprado y usado en los EE.UU. Esta garantía no cubre un producto que requiera modificación o alteración para que pueda usarse en cualquier otro país distinto del país por el cual fue diseñado, fabricado, aprobado y/o autorizado, o la reparación de productos dañados a causa de estas modificaciones. HoMedics no será responsable de ningún tipo de daños incidentales, consecuentes o especiales. Todas las garantías implícitas, incluyendo entre otras aquellas garantías implícitas de idoneidad y comerciabilidad, están limitadas a la duración total de dos años a partir de la fecha de compra original.

Para obtener un servicio cubierto por la garantía para su producto HoMedics, puede entregar la unidad personalmente o enviarla por correo junto con su recibo de compra fechado (como prueba de la compra), el franqueo pagado, junto con un cheque o una orden de pago por el monto de \$5.00, pagadero a HoMedics, Inc. para cubrir los gastos de manipulación.

Una vez recibido, HoMedics reparará o reemplazará su producto, según lo que sea apropiado y se lo enviará con el franqueo pagado. Si es apropiado reemplazar su producto, HoMedics lo reemplazará con uno igual o comparable, a opción de HoMedics. La garantía es válida únicamente a través del Centro de servicio HoMedics. El servicio realizado a este producto por cualquier otro diferente al Centro de servicio HoMedics anulará la garantía.

Esta garantía le proporciona derechos legales específicos. Es posible que usted tenga derechos adicionales que pueden variar de un estado a otro. Debido a las regulaciones de los diferentes estados, es posible que algunas de las limitaciones y exclusiones no se apliquen en su caso.

Por más información con respecto a nuestra línea de productos en los EE.UU., visítenos en: www.homedics.com

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The beauty of living well™ es una marca registrada de HoMedics, Inc. y sus compañías afiliadas.
IB-SM200TL



Adjustable Shiatsu Massager



El manual en español empieza a la página 9

**Instruction Manual and
Warranty Information**

SM-200TL

2 year
limited warranty

HoMedics Service Center
1.800.466.3342
8:30 – 5:00 p.m. (EST) M – F

Dirección postal:
HoMedics
Service Center Dept. 168
3000 Pontiac Trail
Commerce Township, MI
48390

Correo electrónico:
cservice@homedics.com

DESTRESS[®] SHIATSU

TONY LITTLE DESIGNS HoMEDICS



A NOTE FROM TONY LITTLE

My commitment is to you the customer and always will be. I will always do my best to bring you innovative, useful, quality of life enhancing products that cover all categories of health, fitness and wellness.

Enjoy life, Believe in Yourself and Always Go For It!

Tony Little
America's Personal Trainer[®]

IMPORTANT SAFEGUARDS

WHEN USING ELECTRICAL PRODUCTS, ESPECIALLY WHEN CHILDREN ARE PRESENT, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING THE FOLLOWING:

READ ALL INSTRUCTIONS BEFORE USING.

DANGER- TO REDUCE THE RISK OF ELECTROCUTION:

- ALWAYS unplug the appliance from the electrical outlet immediately after using and before cleaning.
- DO NOT reach for an appliance that has fallen into water. Unplug it immediately.
- DO NOT use while bathing or showering.
- DO NOT place or store appliance where it can fall or be pulled into a tub or sink. DO NOT place in or drop into water or other liquid.

Caution:
All servicing of this massager must be performed by authorized HoMedics Service Personnel only.

WARNING - TO REDUCE THE RISK OF BURNS, ELECTROCUTION, FIRE OR INJURY TO PERSONS:

- An appliance should NEVER be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts or attachments.
- Close supervision is necessary when this appliance is used by, on or near children, invalids or disabled persons.
- Use this appliance only for its intended use as described in this manual. DO NOT use attachments not recommended by HoMedics; specifically any attachments not provided with the unit.
- NEVER operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to HoMedics Service Center for examination and repair.
- Keep cord away from heated surfaces.
- Never use while sleeping or fall asleep while using the massager.
- NEVER drop or insert any object into any opening.
- DO NOT operate where aerosol (spray) products are being used or where oxygen is being administered.
- DO NOT operate under blanket or pillow. Excessive heating can occur and cause fire, electrocution or injury to persons.
- DO NOT carry this appliance by supply cord or use cord as handle.
- To disconnect, turn all controls to the "OFF" position, then remove plug from outlet.
- This appliance is designed for household use only.

SAVE THESE INSTRUCTIONS



Figure A



Figure B



Figure C

Caution:-Please read all instructions carefully before operating.

- If you have any concerns regarding your health consult your doctor before using this product.
- Individuals with pacemakers should consult a doctor before use.
- NEVER leave the appliance unattended, especially if children are present.
- Never cover the appliance when it is in operation.
- DO NOT use this product for more than 15 minutes at a time.
- Extensive use could lead to the product's excessive heating and shorter life. Should this occur, discontinue use and allow the unit to cool before operating.
- NEVER use this product directly on swollen or inflamed areas or skin eruptions.
- This product is a non-professional appliance designed to provide soothing massage to worn muscles. DO NOT use this product as a substitute for medical attention.
- DO NOT use this product before bed. The massage has a stimulating effect and can delay sleep.
- NEVER use this product while in bed.
- This product should never be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls.
- This unit should not be used by children or invalids without adult supervision.

Instructions for Use

To reduce the risk of electrocution, this appliance has a polarized plug (one blade is wider than the other). As a safety feature, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician to install the proper outlet. DO NOT attempt to defeat this safety feature.

1. Plug into a 120-volt outlet.
2. To start the massage, slide the selector switch up or down for an inward or outward kneading motion. The center position is "off".



Figure D



Figure E



Figure F



Figure G

3. Neck Massage: Lie on the floor and position the mechanical kneading thumbs under your neck (See Figure A). Let the rhythmic action loosen and soothe tired muscles. For increased comfort, place the head rest under your head to help support your head and neck during massage (See Figure B).
4. Back Massage: Mount the massager to your chair to relieve tension in your back. Lay the vertical straps over the top of the chair. Snap and tighten together the 2 opposing buckles located on the horizontal straps. Pull each of the hook and loop straps through the massager's handles from the back and fasten. Adjust the height of the massager by pulling up or down on the vertical straps (See Figure C). Note: Strapping system fits most chairs, but may not fit over-stuffed or large frames.
5. Arm or Foot Massage: Place the massager on the floor or other hard surface and rest your arm or foot between the mechanical kneading thumbs (See Figures D & E). Large, rubberized handles provide a comfortable grip for use alone or with a partner (See Figure F).

Auto-Spacing Feature

The spacing between the mechanical kneading thumbs can be adjusted to fit various body frames and areas. Make sure the power is turned on and rotate the dial located on the top of the massager to the left to narrow the space between the kneading thumbs and to the right to widen it (See Figure G).

WARNING

DO NOT jam or force any part of your body (i.e. hands, neck, feet, etc..) between the unit's dual massaging "heads". Only gentle force should be exerted against the unit in order to eliminate any/all risk of injury. You may soften massage force by placing a towel between yourself and the unit. Test unit force before using on yourself or on a companion.

Maintenance

To Store: Place massager in its box or a safe, dry, cool place. Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface. To avoid breakage, do not wrap the power cord around the unit. **DO NOT** hang the unit by the cord.

To Clean: Unplug the unit and allow it to cool before cleaning. Clean only with a soft, slightly damp sponge. Never allow water or any other liquids to come into contact with the unit.

- DO NOT immerse in any liquid to clean.
- NEVER use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish or paint thinner to clean.
- DO NOT attempt to repair this unit. There are no user serviceable parts. For service, send the unit to the HoMedics Service Center address listed in the warranty section.



Comfort Head Rest
For a more relaxing massage



DESTRESS[®] SHIATSU

TONY LITTLE DESIGNS • HoMEDICS

TWO YEAR LIMITED WARRANTY

(Valid in USA only)

HoMedics, Inc., guarantees this product free from defects in material and workmanship for a period of two years from the date of purchase, except as noted below.

This HoMedics product warranty does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorized accessory; alteration to the product; or any other conditions whatsoever that are beyond the control of HoMedics. This warranty is effective only if the product is purchased and operated in the USA. A product that requires modification or adaptation to enable it to operate in any country other than the country for which it was designed, manufactured, approved and/or authorized, or repair of products damaged by these modifications is not covered under warranty. HoMedics shall not be responsible for any type of incidental, consequential or special damages. All implied warranties, including but not limited to those implied warranties of fitness and merchantability, are limited in the total duration of two years from the original purchase date.

To obtain warranty service on your HoMedics product, either hand deliver or mail the unit and your dated sales receipt (as proof of purchase), postpaid, along with check or money order in the amount of \$5.00 payable to HoMedics, Inc. to cover handling.

Upon receipt, HoMedics will repair or replace, as appropriate, your product and return it to you, postpaid. Warranty is solely through HoMedics Service Center. Service of this product by anyone other than HoMedics Service Center voids warranty.

This warranty provides you with specific legal rights. You may have additional rights which may vary from state to state. Because of individual state regulations, some of the above limitations and exclusions may not apply to you.

For more information regarding our product line in the USA, please visit: www.homedics.com

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8:30 – 5:00 p.m. (EST) M – F

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